



23/03/2020

Advisory on CORONA VIRUS (COVID-19)



By

Blue Circle Medi Services



BLUE CIRCLE MEDI SERVICES HEALTH CIRCULAR

Updated Advisory on “COVID -19” (Home Sanitation)

There is much to learn about Covid-19 This spreads from person to person this type of transmission occurs via respiratory droplets. It spreads from person to surface contamination. Current evidence suggests that this virus may remain viable for hours to days on various surface.

Purpose: This guideline provides recommendation on cleaning and disinfection from virus. It's aimed at limiting the survival of the virus in the environment. This information will be updated if additional information becomes available.

Cleaning: Refers to removal of germs, dirt and impurities from surfaces, Cleaning does not kill germs but it lowers their number and risk of spreading infection.

Disinfecting: Refers to using chemicals to kill germs on surfaces this process does not necessarily clean dirty surface or remove germs, but by disinfecting the surface after cleaning it further lowers the risk of spreading infection.

Recommendation of routine cleaning: Cleaning of frequently touched surface (eg: doorknobs, light switches, handle, Toilet doors) with household cleaners and registered disinfectant that are appropriate for cleaning surface following label instructions and we should take precautions when we apply the product wearing gloves also we should have proper ventilation while using these product.

Cleaning Yourself: Practice hand wash with soap for 20 seconds. (hand sanitation instructions)

- Treat all body fluids (eg: Vomit, Diarrhea or blood) Like they are infectious.
- Dispose waste using recommended procedure.
- Clean and disinfect contaminated area.
- Wear recommended Personal Protective Equipment.
- Soap water bath is must as soon as you return from exposed area.
- Use alcohol base hand sanitizer (containing at least 60% alcohol).
- Avoid touching your eyes, mouth and nose with unwashed hands or with gloves.

Personal Protective Equipment



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Cleaning Area: Put on Personal Protective equipment.

- Prepare sanitizing solution of bleach as per given specifications.
- Pour detergent solution around the spill site, and use paper towels to move the liquid into the dirty area, use the paper towels to clean the area and discard into the biohazard bag.
- Cover the site with clean paper towels, and pour the bleach solution onto the paper towels.
- Wait an appropriate time, as indicated in the product instructions.
- Remove the paper towels to the biohazard bag.
- Rinse with water, and dry the surface.
- Remove gloves, and place them into the biohazard bag.
- Seal used biohazard bag, and ensure proper transport and final disposal.
- Wash hands for 20 seconds.



Hand Wash



Biohazard Bag



Cleaning Agents

Sanitizing Agents:

- Bleaching Agents
- 0.5 g sodium dichloroisocyanurate tablets.
- 5% domestic liquid bleach
- Detergent Solution
- Absorbent Material (paper towel, Tissue etc.)

Standard operational procedures are documented as per industry, time duration of cleaning and are subject to periodic revision emerging evidence of efficacy.

- Disinfection equipment and supplies are available taking into account the type of surface for cleaning.
- Routine cleaning of contaminated surfaces with soap or detergent and water is suggested.

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